

The Caregiver Resource Center



The Caregiver Resource Center, a Greenwich owned and operated company, works in partnership with area professionals; designing effective eldercare strategies for individuals, families, and businesses.

Our mission is to assist elders and their loved ones in understanding the aging process, facilitating open communication; and providing information, support and guidance through the caregiving process.

Our services include:

- ♥ Advocacy
- ♥ Caregiver Support
- ♥ Care Management
- ♥ Counseling Services
- ♥ Development of Care Plans
- ♥ Heart to Heart With Loved Ones
- ♥ Information & Education
- ♥ Monitoring and Coordination of Care
- ♥ Needs Assessments
- ♥ Provider Referrals



Member
National
Association of
Professional
Geriatric
Care Managers



Member
American
Psychotherapy
Association

HELPING YOU HELP YOUR AGING LOVED ONES

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www.CaregiverResourceCenter.com

Are You Caring for an Aging Parent, Relative, Neighbor or Friend



SERVICES FOR SENIORS AND THEIR LOVED ONES

For assistance please contact:

Linda A. Ziac, LPC, LADC, BCPC, CCM
Director
The Caregiver Resource Center
Greenwich, CT
(203) 861-9833
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- Do you have a friend or relative age 60 or older?
- Do you ever question whether the person is capable of caring for his or her own needs?
- Do you ever worry about the person's health, safety, or well being?
- Do you want to discuss your concerns with the person, but don't know how to broach the subject?
- Do you provide emotional, financial or practical support for a friend or relative ?
- Do you ever worry that your caregiving role may be having a detrimental effect on you?
- Do you ever feel confused or overwhelmed, as to where to turn for information or help?

If you answered **yes** to any of these questions, Geriatric Care Management can help.

Taking care of an aging loved one is a real challenge, which currently involves more than 34 million people, or 1 out of every 3 US households. This number expected to double by the year 2011, when 5 million baby boomer turn 65.

A recurrent theme that we hear from individuals, is that they fear broaching the subject of whether or not an elder is capable of caring for themselves. In addition, once it is clear that the elder is in need of assistance, there is often confusion as to what is the best way to proceed. This is a delicate balancing act, ensuring an elder's health and safety, while maintaining their independence and quality of life.

Geriatric Care Management

Geriatric care management is a collaborative process that assesses, plans, implements, coordinates, monitors, and evaluates the options and services required to meet an individual's needs.

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The Caregiver Resource Center assists elders and their loved ones in understanding the aging process, facilitating open communication; and providing information, support and guidance through the caregiving process.

We work in partnership with area professionals, designing geriatric care management services for individuals, families and businesses. All of our services are individually customized to meet your unique needs.

Our services are on a fee-for-service basis and include:

- ♥ Advocacy
- ♥ Caregiver Support
- ♥ Care Management
- ♥ Counseling Services
- ♥ Development of a Care Plan
- ♥ Heart to Heart With Loved Ones
- ♥ Information & Education
- ♥ Monitoring and Coordination of Care
- ♥ Needs Assessments
- ♥ Provider Referrals

The Benefits of Our Services

- ✓ Reduced Stress and Worry
- ✓ Support
- ✓ Professional Guidance
- ✓ Research on Topics and Providers

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Professional
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 Excellence